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Record: Fly Me To The Moon (track 7 from the CD The Very Best Of Frank Sinatra)

Sequence: Introduction A A B A Ending Phase: V West Coast Swing

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Introduction

Wait;;;

1 - 4Wait in Open Facing Position facing LOD with lead foot free and lead hands joined and keeping time with music with small shoulder actions; ; ; Snapping of fingers is encouraged only if you can do it in time with the music.

1-8 Sugar Push; -, -, Curl; -, -, Sugar Push w/ American Spin; Underarm Pass; -, - Sugar Bump;

12-45&6 1 - 1.5[Sugar Push] Back L, close R to L joining trailing hands, point L forward, forward L releasing trailing hands; Triple forward R / L, R,

[W: Forward R, forward L, tap R, back R; Triple back L / R, L,]

1.5-3.5 [Curl] Back L out of the slot, forward R turning to face WALL and raising joined lead hands; Lunge side L 123-567&8 leaving R extended and allowing Woman to turn under joined lead hands, - recover R to face LOD, close L to R; Triple R / L, R,

> [W: Forward R, forward L; Lunge side R turning LF under joined lead hands and leaving L extended and turn to face LOD, -, recover L continue LF turn, side R toward LOD continue LF turn; Back triple L/R, L to face RLOD,]

12-45&6 [Sugar Push w/ American Spin] Repeat footwork of Sugar Push and allow Woman to free Spin RF on Triple. [W: Forward R, forward L; Tap R to L, recover R commence RF free spin, continue spin on full turn triple L / R, L;]

6-6.5 [Underarm Pass] Back L out of the slot, forward R raising joined lead hands, Basketball style turn RF L / R

123&45&6 turning RF 1/2, forward L to face RLOD and allowing Woman to pass under joined lead hands; Forward triple R / L, to face RLOD,

> [W: Forward R, forward L, forward triple R / L, R passing under joined lead hands and turning 1/2 LF on last step; Back triple L / R, L to end facing LOD with lead hands joined,]

12-45&6 [Sugar Bump] Back L, forward R; Turning 1/4 LF to face COH raise L leg and gently bump hips with partner, step L XIF of R, side triple R / L, R facing COH;

> [W: Forward R, forward L; Turning 1/4 RF to face COH raise R leg and gently bump hips with partner, step R XIF of L, side triple facing COH L / R, L;]

9-16 Turkey Walks and Triple in Place; ; Kick / Ball, Change, Kick / Ball, Change; Face, Touch, Spin to Face; Sugar Push; -, -, Triple Whip w/ Woman's RF Free Spin; ; ;

9-10 1234567&8 [Turkey Walks to Triple] Side L, close R to L THREE times passing behind partner to end in LOP no hands then triple in place L / R, L and extend R hand to partner; ;

> [W: Side R, close L to R THREE times passing in front of partner to end in LOP no hands then triple in place R / L, R and place L hand in partner's R hand; ;]

1&23&45-78 11-12 [Kick Ball Changes, Solo Spin to Face] Kick R forward / small step back ball of R, recover L, kick R forward / small step back ball of R, recover L; Turning to face partner and LOD small lunge R, tap L to side, recovering L, R turn LF to face LOD;

> [W: Kick L / small step back ball of L, recover R, kick L, small step back ball of L, recover R; Turning to face partner and RLOD small lunge L, tap R to side, recovering R, L turn RF to face RLOD;]

123-5&6 13-13.5 [Sugar Push] Repeat the action from Measures 1 to 1.5 of Part A.

123&456789&10 13.5-16 [Triple Whip with Spin] Back L out of the slot, forward R; Basketball style turn L / R turning RF 1/2 to face RLOD and taking partner into loose hold, forward L, commence RF spot pivot R, side and back L turning 1/2 RF over two steps; Continue RF spot pivot forward R, side and back L, releasing Woman forward triple R / L, R to end facing LOD and joining lead hands;

> [W: Forward R, forward L then turn RF 1/2 on L to face LOD; Back R / close L to R, forward R then pivot RF 1/2 on R, spot pivot side and back L, forward R; Continue RF spot pivot R, L to face nearly RLOD, free spin RF one full turn with a triple L / R, L to face RLOD; (Option: back triple L / R, L with no free spin)]

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Part B

1-8 Underarm Turn w/ Slide; ; Side Pass with Reverse Underarm Turn & Freeze; -, -, Swivel 2; Whip w/ Man's Underarm Turn to Loose CP\COH; ; Lunge; Recover, -, Swivel 2;

- 1-2 [Underarm Turn w/ Slide] Back L out of the slot, forward R raising joined lead hands, turning to face WALL in place triple R / L, R as Woman passes under joined hands, side R sliding, draw L to R over next 3 beats; [W: Forward R, forward L, triple R / L, R passing under joined lead hands and turning LF to face LOD; Back L sliding, draw R to L over next three beats;]
- 123&45-78

 3-4 [Side Pass w/ Reverse Underarm Turn & Freeze, Swivel] Side L toward LOD, close R to L, triple in place L / R, L raising joined lead hands; Lunge side R & freeze L pointed side, -, swivel LF, RF still facing WALL;

 [W: Forward R toward LOD, forward L, forward R commence slight LF turn / L XIF of R, side R now facing COH then continue LF turn by pivoting 3/8; Finish LF turn lunging side R to face WALL leaving L extended & freeze, -, swivel RF, LF;]
- 123&4567&8 5-6 [Whip w/ Man's Underarm Turn] Step L under your own body out of the slot, forward R across L toward LOD, basketball style turn L / R, forward L touching R hand to Woman's back and raising joined lead hands; Turning LF under joined lead hands basketball style turn R, recover L turning to face nearly COH, triple in place R / L, R to end facing COH in loose CP with Woman facing RLOD;

[W: Forward R toward RLOD, forward L then turn RF 1/2 on L, back R / close L to R, forward R; Circle around Man walking L, R, and triple L / R, L to end in loose CP facing RLOD;]

1---5—78 7-8 [Lunge; Recover, Swivels] Lunge side L and hold; Recover R still facing COH, -, swivel in place 2 beats; [W: Lunge forward R and hold; Recover back L still facing RLOD, -, swivel in place 2 beats;]

9-16 Side Pass w/ Man's Head Loop & Transition to Side, Close; ; Cross Walks; Right Vine 8 (syncopated); Cheerleader Twice; Lunge and Bump Apart; Face for Patty Cake; Slide Pass;

- 123&45678 9-10 [Side Pass w/ Man's Head Loop & Transition to Side Close] Side L dropping around Woman's back, close R to L, in place triple L / R, L bring lead hands over your own head; Close R, close L allowing joined lead hands to touch your R shoulder then leave joined lead hands resting on your R should for the next 3 measures, side R, close L to R still facing COH;
 - [W: Forward R, forward L, tripling nearly in place R / L, R commence LF turn as Man starts the head loop; Continue LF turn tripling in place L / R, L turning to face COH and to stand to the left of and behind Man with enough room to step side behind him without bumping him with R hand on Man's R shoulder, side R, close L to R;]
- 1-3- 11 [Cross Walks] Forward R across leaving L extended, -, forward L across leaving R extended, -;
- &1&2&3&4 12 [Syncopated Vine 8] Side R / L XIB of R, side R L XIF of R, side R L XIB of R, side R L XIF of R;
- 1&23&4 13 [Cheerleader Twice] Side R leaving L extended side with heel on floor, recover L / R XIF of L, side L leaving R extended with heel on floor, recover R / L XIF of R;
- 12-- 14 [Lunge and Bump Apart] Lunge side R leaving L extended, recovering to split weight gently bump Woman's R hip with your L hip and look at her;
 - [W: Lunge side R small step leaving L extended, allow Man to gently bump your R hip with his L hip then with an exaggerated motion side L sliding away from him and react to music;]
- 15-16 [Patty Cake to Slide Pass] Turn LF 1/4 to face RLOD and partner (1) and stand with feet apart weight between feet, slap both thighs with the flat of your hands (2), clap (3), patty cake with partner (4); Free L foot and turn RF 1/4 to face COH then slide side L allow Woman to pass in front of you arms cross in front of self and swing down out then up as you,, slide....., slide....., turning RF 1/4 to face LOD close R to L;

[W: Turn RF 1/4 to face LOD and partner (1) and stand with feet apart weight between feet, slap both thighs with the flat of your hands (2), clap (3), patty cake with partner (4); Free R foot and turn LR 1/4 to face COH then slide side R passing in front of Man arms cross in front of self and swing down out then up as you, slide....., turning LF 1/4 to face RLOD close L to R;

Ending

1-5 Underarm Turn w/ Slide; ; Side Pass with Reverse Underarm Turn & Freeze; -, -, Swivel to Face; Point.

- 1-2 Repeat the action from Measures 1 and 2 of Part B.
- 3 4 Repeat the action from Measures 3 and 4 of Part but after the freeze only swivel to face and hold.
- 5 On the last beat point the index finger of the free hand at your partner.